



Triple P – District of Muskoka - Current Course Calendar

Updated: March 25, 2015

Seminar Series – Lecture Style No group size limit session length – 2 hours							
An introduction to the positive parenting strategies, helping to prevent and reduce minor negative child behaviours							
Name of presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION
Getting Teenagers Connected	Muskoka Triple P Network	Help your teen get connected by encouraging them to be confident, plan ahead and meet their commitments	Gravenhurst Public School	Wednesday April 15, 2015	6 - 8 pm	Free Transportation and Childcare may be available	To register for the Seminar, Group and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children’s Place (705) 645-3027, ext 200
Raising Resilient Children	Muskoka Triple P Network	Help your children cope with everyday feelings and stressful situations/events	Bracebridge Public School	Monday April 20, 2015	6 - 8 pm	Free Transportation and Childcare may be available.	To register for the Seminar, Group and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children’s Place (705) 645-3027, ext 200
Raising Confident, Competent Children	Muskoka Triple P Network	Discuss the 6 building blocks for success	Huntsville Public School	Monday April 27, 2015	6 - 8 pm	Free Transportation and Childcare may be available.	To register for the Seminar, Group and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children’s Place (705) 645-3027, ext 200

Name of presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION
The Power of Positive Parenting	Muskoka Triple P Network	Learn about the 5 key principles of positive parenting	Gravenhurst Public School	Tuesday May 12, 2015	6 - 8 pm	Free Transportation and Childcare may be available.	To register for the Seminar, Group and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children's Place (705) 645-3027, ext 200

Group Sessions – (8 week intensive program)
 providing parents with tools to help their children with behavioural and emotional problems

Name of presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION
Ideas for Parents of Youth Aged 12-16: Triple P Group for Parents of Teens	Muskoka Triple P Network	This course will explore and identify positive parenting principles and techniques, strategies and skills that encourage good behaviour, causes of misbehaviour and ways to deal with challenging behaviour.	Gravenhurst High School	Begins Wednesday March 25th - May 6th, 2015	All sessions are in the evening from 5:15 to 7:15 pm	(4 sessions, then 2 phone check-ins, then 1 final session). FREE childcare and transportation may be available.	To register for the group and / or childcare, please call Barb at Muskoka Family Focus and Children's Place (705) 645-3027, ext 200. FREE transportation may be available by calling extension 202

Name of presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION
Triple P Group for Parents of Teens	Muskoka Triple P Network	This course will explore and identify positive parenting principles and techniques, strategies and skills that encourage good behaviour, causes of misbehaviour and ways to deal with challenging behaviour.	Gravenhurst Public School	Wednesdays April 29 to June 10, 2015	All sessions are in the evening from 5:15 to 7:15 pm	4 sessions, then 2 phone check-ins, then 1 final session: Free Transportation and Childcare may be available	To register for the group and / or childcare, please call Barb at Muskoka Family Focus and Children's Place (705) 645-3027, ext 200. FREE transportation may be available by calling extension 202

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Specialty Programs							
Name of presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION

Tip Sheet – Discussion Groups group size limit=20 session Length – 2 hours

A focused discussion about a specific child behaviour such as disobedience, tantrums, bedtime routines etc.

Name of Presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION
Managing Fighting and Aggression	Muskoka Triple P Network	How to prevent disobedience and teach your children to play cooperatively. Manage aggression, fighting and not sharing.	Huntsville Active Living Centre	Tuesday, March 31, 2015	10 am to 12 pm	Free Transportation and Childcare may be available.	To register for the Seminars, Discussion Groups and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children’s Place (705) 645-3027, ext 200

Name of presentation	Host Agency	Description	Location	Date	Time	Notes	REGISTRATION
Developing Good Bedtime Routines	Muskoka Triple P Network	Use positive parenting techniques to prevent bedtime issues.	Gravenhurst Centennial Centre	Thursday April 9 2015	10 am to 12 pm	Free Transportation and Childcare may be available.	To register for the Seminars, Discussion Groups and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children's Place (705) 645-3027, ext 200
Hassle-Free Shopping	Muskoka Triple P Network	Step-by-step suggestions for preventing problems and teaching children how to behave on shopping trips. Parents develop individualized plans to manage problem behaviour during their own shopping trips.	Bracebridge United Church	Tuesday May 5, 2015	10 am to 12 pm	Free Transportation and Childcare may be available.	To register for the Seminars, Discussion Groups and/or FREE Transportation and Childcare, please call Barb at Muskoka Family Focus and Children's Place (705) 645-3027, ext 200